Aadesh K Chetty son of our Treasurer Mrs. Prabha Kumar won 10 Gold medals and 3 Silver medals and created 3 new records in 50 mts. 22 rifle prone junior, 50 mts. 22, 3 position rifle junior and senior men.

Our Member Ms. K. Bhargavi and her team have written a novel called "Drop" along with an activity book "Drop: It's Easy" for youngsters, published by Chinmaya Mission.

Dr. S. Ramesh Babu, H/o our Vice-Chairperson, Mrs. Sujatha Ramesh Babu was honoured with "BEST TEACHER AWARD" by The Tamilnadu Dr. M.G.R. Medical



University for his exemplary contribution the field of Orthopedics on 5th September 2011.

Our Vice-Chairperson, Mrs. Sujatha Ramesh Babu's son, Mr. Vikram's Thesis in his M.S. (Electrical Engineering) on "Enhancing Wireless Mesh Networks Using Cognitive Radios", was recognized and published as a book with ISBN 978-3-8443-8180-1, by a distinguished American Publisher, Dr. Muller, AG & Co.

CONDOLENCES TO THE BEREAVED FAMILIES: Sri. Doguparth: Krishna Rao husband of our member Smt.Doguparthi Sukuvani and brother of our Advisory Committee Member Smt.Sukumari

Venugopal expired on July 29,2011.

Sri Pullikonda Muralidhara Gupta father of our member Smt. Sr. Priya Jagadish and Sammandhi of our Advisory Committee Member Smt. Shantha Sridhar expired on July 29, 2011.

Smt. Annavarapu Gnana Prasunamba mother of our member Pothuru Rama Devi expired on August 16, 2011.

Smt.Gollupudi Satyavathi mother - in - law of our member Smt G. Radha expired on September 6,2011.

Kindly contact our committee member Smt.Shanthakumari Venkatakrishna for the marriage bureau and grab this golden opportunity availed for our mahilas. Ph: 044 28341545 Mobile: 8056268549

For change of address contact Mrs. Banu Ram Kumar, Ph: 044 4263 3454 Mobile: 92823 46234

To share your Family news and achievements in the news letter contact Mrs. Padma Preetha Sumanth.

Ph: 044 28156838 Mobile: 94447 73730

Log on to our website www.aryavysyamahilamadras.com to know all our news online.

With best compliments from

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Madras Unit

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E-mail: umagupptha@gmail.com

Hon, Secretary: Mrs. V. Padma Preetha Sumanth "NITYA SHREE", No.2 (Old No.42), Thirumalai Road, T. Nagar, Chennai - 600 017. Phone: 044 2815 6838 Mobile: 94447 73730

E-mail: vpreetha74@gmail.com

Hon. Treasurer

Mrs. Prabha Kumar Flat G-A, Maruthai Apts., 13th Avenue, Harrington Road, Chetpet, Chennai - 600 031. Phone: 28363590 Mobile: 98416 92590

E-mail: prabhaemail@rediffmail.com



26th September 2011

From The Chairperson's Desk



Dear Mahila friends,

Greetings to all! It's festival time. Navratri is very important festival devoted to Goddess Durga.

The three mighty gods of the Hindu Trinity - Lord Brahma, Lord Vishnu and Lord Shiva united their supreme powers and created a divine being called Ma Shakti or Durga, the Warrior Goddess to defeat Mahishasura, the mightly demon with invincible power. Navratri is celebrated to commemorate her victory over the demon, which symbolizes the victory of the good over the evil. The nine nights of Navratri symbolize the nine nights of the war between Goddess Durga and Mahishasura. Fasting, chanting her name along with singing her bhajans will protect us and our family from evil and we will be blessed by her grace

India is a land of festivals. Diwali, the Festival of Lights, is celebrated with fervor and gaiety. The festival is celebrated by young and old, rich and poor, throughout the country to dispel darkness and light up their lives. The festival symbolizes unity in diversity as every state celebrates it in its own special way.

Amidst of all these celebrations we have our annual coffee morning, where we have organized events and games to entertain all and celebrities from film industry are going to give us gala time. Don't miss it.

I thank you for your whole-hearted participation in our Annual Deepalakshmi Pooja. I hope to see the same spirit in all our forth coming events. We are ready to inaugurate our youth wing. Be quick to enroll your daughters and daughters-in-law.

With Best Wishes.

UMA GUPTA, Chairperson

From The Secretary's Desk



Dear Mahilas.

Festive Greetings! This season brings all our families together with festivities and celebration. The arrival of Goddess Vara Mahalakshmi and our thanks giving to Lord Ganesha for all his blessings. We also have the auspicious Navarathri Pooja and the festival of lights, Deepavali bringing cheer among us.

Our Sabha celebrated the Kuthuvillaku Pooja in a grand manner in July '11 and had also organised a Health Seminar for women in August '11. Our Annual calendar has lot more activities for our mahila's in the coming months, a Mega fun filled Coffee morning, a Orthopaedic health camp and a Hemoglobin detection camp for students. Our Navarathri celebrations will take place at Sri Kanyaka Parameswari Temple. We request all of you to join us and share your joy and happiness with us.

All our children must be busy in their academics and I wish them all the very best for the forth coming examinations. We also have several exhibitions and expo's this season in town attracting the best of the crowd with various offers and discounts, all of us must be excited about the shopping extravaganza, we also have our stalls and several humorous events at our coffee morning awaiting

I wish and thank one and all for all the support. Best Regards!!

PADMA PREETHA SUMANTH, Hon. Secretary



Sri Ashta Ishwarya Manidweepeshwari Pooja

Sri Ashta Ishwarya Manidweepeshwari Pooja was held on Friday, 22nd July 2011 at Sri Kanyaka Paramaswari Temple, Chennai - 1 *It was conducted on the first Friday of the auspicious month of Aadi in a grand manner.* More than 280 devotees performed the pooja. Special decoration for Goddess Lalitha Devi, Goddess Saraswathi and Goddess Lakshmi was done by Sri. Muthu Kumar Gurukkal from Salem. Goddess Vasavamba was decorated with vegetable Alankaram. The Pooja was conducted by Sri. Hari Prasad Gurukkal and varnana slokams were chanted 9 times. This pooja was performed by the devotees with 9 kinds of flowers and 9 kinds of Prasadams. This Pooja was performed for prosperity, health, wellbeing and Lokakshema. We thank all the Sponsors for kind and cash donations for the pooja.



HEALTH SEMINAR



Health Seminar was organized by our Sabha on 16th August 2011 at Cosmopolitan Club, Chennai, to create awareness on Cervical Cancer and Urinary **Incontinence in Women**. The speakers were Dr. Anuradha Vijayagopal and Dr. Sri Kala **Prasad.** The topics included prevention, scope of diagnosis and treatment of cure. It was an educative,

informative and an eye opener for all our Mahilas. Smt. Y. Bharati, member of our sabha bagged the early bird prize and Smt. Vaijayanthi Bashyakarlu and Smt. S. Kalayati won the lucky draw prizes of the day.

CONTRIBUTION FOR THE GOTHRA VRIKSHA NIDHI

Mrs. Mallika Badrinath	₹	500/-	Mrs. Shantha Kumari Venkatakrishna	₹ 101/-
Mrs. Neeraja Vasanth	₹	501/-	Mrs. Calve Sumathi Ramakrishna	₹ 100/-
Mrs. Rajini Aswin Kumar	₹	201/-		

NEW MEMBERS

We welcome the new members who joined our Sabha.

Mrs. A. SWARNA Mrs. S.G. SOMA SUNDARI Mrs. N.R. NIKILA

YOUTH WING MEMBERS

We welcome the new Youth Wing Members

Ms. NATHELLA KARUNYA Ms. K. PRIYA Ms. P. SRUTHI

POOIA ENDOWMENTS

Our thanks to our members who have donated for Pooja Endowment.

2000/-Mrs. G. SINDUJA Mrs. KALPANA BABU ₹ 2000/-Mrs. SRILATHA ₹ 2000/-



FORTH COMING EVENTS OF OUR SABHA

NAVARATHRI CELEBRATIONS will be held on Wednesday, September 28, 2011 at SKPD Temple on the first day



10.00 AM : Abhishekam to Goddess Vasavamba 6.00 PM : Vasavi Sahasranamam Chanting by the children of KTCT Hr. Sec School along

with our members of our Sabha.

8.00 PM : Harathi to Goddess Vasavamba.

We request our members to come in large members and get the blessings of Goddess Kanyaka Parameswari.

ORTHOPEDIC CAMP

A free Orthopedic Camp will be held on Sunday, October 2, 2011 on 10.00 AM – 2.00 PM at Housing Board, Dr. Thomas Road, T.Nagar, Dr. S.Ramesh Babu M.S. Ortho, M.C.H Ortho,

(Liverpool), D.Ortho of SPOT HOSPITAL, kodambakkam has kindly consented to conduct the camp for the women of age 40 years and above. The free services provided in the camp will be Blood pressure checkup, weight, orthopedic consultation, physiotherapy advice and medicines, bone mineral density test.

BLOOD DETECTION CAMP

Blood Detection Camp will be held from October 19-21 at Kesari Higher Secondary School by Mr. Ramesh Iravatham, Iravatham Lab (Medall Health

Care Private Ltd.) T. Nagar and free medicines will be distributed to the students.



"VAIBHAVI"

28th COFFEE MORNING - AKARSHANA 2011

from 10.00 a.m. sharp on Thursday 13th October

Face to Face with Cine / T.V. Star Live Entertainment by Star Vijay Fame: SIVAKARTHIKEYAN Special Beauty Tambola by ORIFLAME • Surprise Gifts • Lucky Entrant Prizes Fun Filled Games • Display and Sale of Exclusive Products • Delicious Dishes

at RAIN TREE,

636, Anna Salai, Teynampet, Chennai - 600 035.

THERE IS GOING TO BE A WHOLE FUN & RELAXATION FOR ALL GRAB THIS OPPORTUNITY! TICKETS AVAILABLE WITH ALL OUR COMMITTEE MEMBERS, **TICKET AMOUNT ₹. 800/- ONLY**

FAMILY NEWS

Our Hearty Congratulations to one & all!

WEDDINGS: Chi. Vasanth S/o. our member Smt. & Sri. Dayanandam got married to Sow. Gayathri D/o. Smt. & Sri. C.R. Vijayakumar of Coimbatore on August 15, 2011.

Sow. Madhavi D/o our member Smt. & Sri. Boganatham Sridhar got married to Chi.Sriram S/o. Smt. Bhuvaneshwar Mannai of Pondicherry on 2nd September 2011.

NEW BORN BABIES: Our member Smt. Chengapalli Jayashree's daughter Smt. Sujatha was blessed with a son on June 25,2011. Our member Smt. Sasikala Gupta's daughter Smt. Swetha Santhosh was blessed with a son on July 6, 2011.

Our Committee Member Smt. Usha Ananthakrishna's daughter - in - law Smt. Shilpa Tejas Gupta was blessed with a son on August 13,2011.

50th GOLDEN WEDDING ANNIVERSARY: Our member Smt. S. Reddi Subbu Govindamma and Sri. Venkata Sai Krishna celebrated their 50th Wedding Anniversary on July 13th 2011.

Our Sub Committee Member Mrs. Madhavi Latha's mother - in - law Smt. Shyama Amar and Sri .V.R. Amarendra Kumar celebrated their 50th Wedding Anniversary on August 5, 2011.

SASHTIABDHAPOORTHI: Our member Smt. Vootukuri Saradha and Sri Vottukuri Aravind celebrated Sashtiabdhapoorthi on August 26, 2011.

SADHABHISHEKAM: Our member Smt. Anusuya and Sri M. Chakrapani celebrated Sadhabhishekam on June 29, 2011.

YOUTH WING: Inauguration of Youth Wing will be held Shortly by our Sabha. Application Forms are still available with our Treasurer Mrs. Prabha Kumar. We request you to utilize this golden opportunity.