



TAMIL NADU ARYA VYSYA MAHILA SABHA

Madras Unit

"NITYA SHREE", No.2, (Old No. 42), Thirumalai Road, T.Nagar, Chennai - 17.

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Chairperson

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Hon. Secretary

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Hon. Treasurer

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NEWS LETTER 6

12th April 2017

From the Chairperson's Desk



Dear Mahilas,
Rendezvous!

It's been a wonderful time together as Chairperson for this prestigious organisation. We have done several social and cultural events, bringing together young talent and innovative ideas.

Our various editions of this newsletter have told the essence of our service & projects in different hemispheres of life. To highlight, Fun filled treasure hunt car rally, better hygiene - construction of toilets in schools, auspicious Poojas - Sri Bala Tripura Sundari and Sri Lakshmi Hayagreeva Pooja, recognition of women achievers, religious and health Workshop, medical camps, live cookery contest, musical medley and flood relief aids.

We also conducted go green and educational initiatives for social welfare, a multi dimensional carnival, celebrating womenhood with talk on naturopathy and live interaction with Siddha physician and many more milestones.

I thank all the Mahilas and my core team for all the support and for having been with me to take the activities of our Sabha to greater heights.

As I bid adieu, wish all your families the very best in life and also wish the incoming new team all the success.

Warm regards,

Padma Preetha Sumanth

From the Secretary's Desk



Hi Mahilas,

It gives me great pleasure to have successfully completed my tenure.

I am hugely grateful for the contribution that you have all jointly made over the past 24 months that I have been the secretary of this sabha.

I wish to appreciate the many contributions in time and funds that our members and sponsors have made for our projects. All the projects executed by us, have been very gratifying.

I have realised in these two years, we have all contributed in our own way, to make a difference in the lives of the underprivileged and economically weaker section of society. It was also possible for us, to make them realise, their true potential and strength.

It has been a very memorable journey, and a great opportunity to bond with one and all, and also, a huge learning experience for me.

I thank Almighty for his kindness and grace without which, I could not have satisfactorily completed my responsibility.

With these few lines, and with a heart full of gratitude, I hand over this responsibility, to the new team, and assure them of all my support and co-operation.

Stay cheerful, stay happy always and together we shall endeavour to make a slightly better world around us.

On this happy note, I take leave from the office of the secretary of this glorious Sabha.

Best regards,

V. Suhasini Balaji



CARNIVAL

Recent Event



Our Annual carnival was held on Sunday, January 29, 2017 at Ethiraj Kalyana Mandapam. The chief guest was Prof. Dr. Malini Pande, Dean - strategy, planning and development, Director of academic staff college, internal quality assurance cell – Dr. MGR Educational and Research Institute university, Chennai. She is a post graduate and gold medalist in Economics and Econometrics and also youngest doctorate of the university at that time.



Her speech was very impressive and she stressed on Women Empowerment – which refers to increasing and improving the social, economic, political and legal strength of the women. Empowering women to participate fully in economic life across all sectors is essential to build stronger economics; also very important as it improves the quality of life for women, men, families and communities.

Project of the day

Donations were given to the inmates of Sri Vasavi Vrudha Janaseva Mandiram, an old age home at Sholingur. We donated 1 UV water filter, 3 walkers, sarees, towels, dhoties and medicines to the old age home.

Scholarships worth of Rs.1,56,500/- were distributed to Professional, college and school students.

We honoured Miss. G. Kranthi with a silver medal and cash award of Rs.10,000/- for her outstanding achievement in Class 12 board exams 2016. She placed a record of 99% and stood second place in Kanchipuram District.

VA RE VA millet recipe book was released by our Chief Guest and the first copy was received by Smt. Mallika Badrinath. All the recipes of VA RE VA, live cookery contest were published.





We had enthralling stall holders exhibiting their products and some yummy food stalls too.

Members, guests and children enthusiastically participated in all the competitions. We held several competitions for children and adults, like fancy dress competition – Mom & Me, Slokam recital competition, current affairs quiz, decorate the frame in a mirror on the spot for ladies, story telling by Mrs. Asha Sampath, Inter School Music Competition and healthy and nutritious facts tambola.

Prize Winners are as follows

Sloka Competition : MS. Likitha won the first prize, Mr. G. Adarsh won the second prize and Ms. Tanushree won the third prize.

Fancy Dress Competition : Mom & Me

Mrs. Rama Devi and Mr. Sai Kavin won the first prize, Mrs. Sri Lakshmi and Ms. Keerthi Vardhini won the second prize and Mrs. Srivani and Ms. Nikita won the third prize.

On the spot decorating the frame in a mirror

Mrs. C.N. Vilasini won the first prize, Mrs. V.R. Hymavathi won the second prize and Mrs. M. Karunasree won the third prize.

Inter School Music Competition

6 schools participated in this music competition. Each group performed a bhajan song, folk song and patriotic song with instruments.

First Prize : GRT Mahalakshmi Vidhyodaya.

Second Prize : Kulapathi Balakrishna Joshi Gurukulam Matriculation Higher Secondary School.

Third Prize : Nathella Vidhyodaya.



Women's Day Celebrations - "AYUSH"



Women's s day '**AYUSH**' was celebrated on March 6, 2017 at Alumni Club, Chennai. Dr. G. Sivaraman and Dr. Roja Gurumoorthy were the key Speakers of the day.

Dr. G.Sivaraman is a highly acclaimed siddha physician, health life stylist, columnist on food & health issues in Anandavikatan and also a prolific writer. His address mainly focused on choosing the right diet, consuming the seasonal and local produce, avoiding western food habits. The audience took pride in our regional cuisine and the legacy of the wisdom in our ancient and well regarded medical systems. His talk was highly informative and an eye opener to the audience.

Dr. Roja Gurumoorthy is a consultant in Naturopathy, specialized in health and stress management through a unique combination of Naturopathy and yogic sciences combating stress induced and other life style related ailment, their prevention and restoration of health. Fear of ill health, managing the stress on the body and mind through naturopathy was dealt in detail by her. She cleared many of the misconceptions of the audience and was well appreciated for this holistic way of rejuvenating self.



Gothra Uraksha Nidhi :

Smt. Sunku Vasundhara Badri - Rs. 1000

New Member :

**We welcome a new life member who
joined our Sabha Smt. T. Mrinalini Sekhar**

ANNUAL GENERAL BODY MEETING

NOTICE

Annual General Body Meeting will be held on Thursday, June 8, 2017 at YWCA, Madras International Guest House, 1086, Poonamallee High Road, Chennai – 600 084 at 10.30 am sharp.

AGENDA

1. Welcome address by Chairperson.
2. Minutes of the Previous AGB Meeting.
3. Adoption of Hony. Secretary's Report for the year ending 31.03.2017.
4. Adoption of Audited Statement of Accounts for the year ending 31.03.2017.
5. Appointment of Auditor 2017- 2018.
6. Election of the New Office Bearers and Committee Members.
7. Vote of Thanks.

ELECTION RULES

1. Elections shall be held once in 2 years at the General Body Meeting.
2. The quorum shall be 25 or 1/5th of the total members, whichever is less.
3. Two election officers shall be appointed from the floor.
4. The existing committee shall be presented by the chairperson mentioning the number of meetings attended by each member.
5. Only member who have served for at least 2 years in the managing committee shall be eligible for the following posts namely Vice Chairpersons, Hony. Secretary, Hony. Joint Secretary, Hony. Treasurer and Hony. Joint Treasurer.
6. Members of at least 6 months standing shall have power to vote and propose at the election.
7. Members of at least 2 years standing shall be eligible to contest for the managing committee.
8. Only members who have held office as on office bearer for atleast 4 years in the managing committee shall be eligible for the post of chair person.
9. Nominations from the floor shall be called for all the posts by the chairperson and duly seconded.
10. Persons nominated shall be present at the election and introduced to the General Body by the proposer. In case, they are unable to present, they shall give their consent in writing, giving reasons for their absence.
11. No office bearer shall hold the same post for more than 3 consecutive terms.
12. No canvassing of any manner shall be permitted on the floor.
13. Voting if necessary shall be secret ballot on papers provided at the time of election.
14. Any member who has been requested to step down from the Committee shall not be eligible for any post in the future.
15. Any member who is absent for 3 consecutive meetings without a valid reason shall be removed. However if any member is away from the city for a long time, she may be given leave of absence.

NOTE

- a. Only members will be allowed to attend the meeting.
- b. New members are welcome to enroll on that day.
- c. Prize for the lucky entrant wearing Membership badge.
- d. Badges are available with the Treasurer for Rs.20/- each.

Weddings

- Sow. V. Varsha granddaughter of our past chairperson Smt. V. Lalitha Sudhakar and granddaughter of our member Smt. Vasanthi, daughter of our member Smt. V. Jayasri Rajesh got married to Chi. Aashik on February 6, 2017.

Shashtiabdapoorthi Celebrations

- Our Committee Member Smt. Nanda Srinivas celebrated Shashtiabdapoorthi on March 10, 2017.

New Born Babies

- Our Committee member Mrs. Calve Sumathi Ramakrishnan's daughter Smt. Tejashri Calve Sharma is blessed with a daughter on January 19, 2017.
- Smt. Padmanabuni Vedavalli, our life member, daughter –in-law Smt. P. Manasa Prem is blessed with twins (a boy and a girl) on February 14, 2017.
- Mrs. Manimalah Rao Ponnuri, our vice chairperson, daughter Dr. Harika Koushik is blessed with a daughter on February 17, 2017.
- Smt. Soora Vatsala, our life member is blessed with a great granddaughter & Smt. Soora Lakshmi Niranjan is blessed with a granddaughter on March 13, 2017.
- Mrs. Uma Maheswari Gupta, our past chairperson, daughter Smt. Bhargavi is blessed with a daughter on March 20, 2017.

Achievements

- Our evergreen member Smt. K. Sarvamangala successfully experimented and released 'NavaraagaMaalika', a telugu book on February 25, 2017, a compilation of writings by nine women authors. Her achievement was published in all our telugu newspapers.

CONDOLENCES TO THE BEREAVED FAMILIES :

Smt. K. Subadra Lakshmi grandmother of our committee member Smt. V.Priyasri Vijayendran attained lotus feet on December 25, 2016.

Sri.Gollapudi. Badrinarayana husband of late Smt. G.Suguna attained lotus feet.

Smt. N. Lakshmi Kantham our founder committee member attained lotus feet on January 8, 2017. She was 'A grade' player for AIR. She won a gold medal for first rank in BA Andhra University. She won several prizes for swimming. She was the first Vysya lady to drive a car in Madras.

Sri. Vummidi Pradeep son of past committee member Smt. V. Rajalakshmi Nanda Gopal and husband of our member Smt. V. Swathi attained lotus feet on February 15, 2017.

Smt. Vupputur Anuradha wife of late. Ananda Chetty attained lotus feet on February 18, 2017.

Smt. P. N. Bhuvaneswari Prasad mother of past chairperson Smt. Vijayanthy Bashyakarlu attained the lotus feet on March 30, 2017.

News Letter - 6**Book-Post****From****Mrs.V. Padma Preetha Sumanth****Chairperson****"NITYA SHREE", No.2, (Old No. 42),****Thirumalai Road, T.Nagar, Chennai - 17.****Phone : 044 2815 6860 Mobile : 94441 64828**